









Activity Log









Student Name: _____

Grade: _____ School: _____

Week Of: _____









Week Of: _____









SUN	Activity: 	Time (circle one) Minutes 20 25 30+
MON	Activity: 	Time (circle one) Minutes 20 25 30+
TUE	Activity: 	Time (circle one) Minutes 20 25 30+
WED	Activity: 	Time (circle one) Minutes 20 25 30+
THU	Activity: 	Time (circle one) Minutes 20 25 30+
FRI	Activity: 	Time (circle one) Minutes 20 25 30+
SAT	Activity: 	Time (circle one) Minutes 20 25 30+
TOTAL WEEK'S MINUTES		

SUN	Activity: 	Time (circle one) Minutes 20 25 30+
MON	Activity: 	Time (circle one) Minutes 20 25 30+
TUE	Activity: 	Time (circle one) Minutes 20 25 30+
WED	Activity: 	Time (circle one) Minutes 20 25 30+
THU	Activity: 	Time (circle one) Minutes 20 25 30+
FRI	Activity: 	Time (circle one) Minutes 20 25 30+
SAT	Activity: 	Time (circle one) Minutes 20 25 30+
TOTAL WEEK'S MINUTES		

Week Of: _____

Week Of: _____

SUN	Activity: 	Time (circle one) Minutes 20 25 30+
MON	Activity: 	Time (circle one) Minutes 20 25 30+
TUE	Activity: 	Time (circle one) Minutes 20 25 30+
WED	Activity: 	Time (circle one) Minutes 20 25 30+
THU	Activity: 	Time (circle one) Minutes 20 25 30+
FRI	Activity: 	Time (circle one) Minutes 20 25 30+
SAT	Activity: 	Time (circle one) Minutes 20 25 30+
TOTAL WEEK'S MINUTES		

SUN	Activity: 	Time (circle one) Minutes 20 25 30+
MON	Activity: 	Time (circle one) Minutes 20 25 30+
TUE	Activity: 	Time (circle one) Minutes 20 25 30+
WED	Activity: 	Time (circle one) Minutes 20 25 30+
THU	Activity: 	Time (circle one) Minutes 20 25 30+
FRI	Activity: 	Time (circle one) Minutes 20 25 30+
SAT	Activity: 	Time (circle one) Minutes 20 25 30+
TOTAL WEEK'S MINUTES		

Teacher/Coach

Parent Signature

Date