



Local Fitness Champion

Christa Hayes is making a BIG difference in the lives and health of Larsen Elementary students. With enthusiasm, innovative thinking and a powerful ability to connect with students, Christa leads energizing lessons that include self-assessment techniques to encourage participation and a respect between classmates. She organizes family running, roller skating and dance events, conducts a mileage club during recess and recently organized Larson's first ever Family Health Fair. Christa has led two very successful community Walk to School Day events and recently challenged students to become "Exercise Ambassadors" with a mission to educate others in the areas of health and fitness.

Congratulations, Christa! Healthy Futures and the parents in your community recognize and applaud your efforts!

ConocoPhillips



FUTURES

www.healthyfuturesak.org

Fitness Champions are individuals in Alaska who have made a significant contribution to keeping Alaska's children fit and active. To find out more about what Healthy Futures is doing to get kids moving visit www.healthyfuturesak.org



Christa Hayes
MatSu School District,
Physical Education
Teacher