



# Local Fitness Champion

**K**im Rampmeyer is a powerful role model and exemplary educator who works tirelessly on physical education curriculum and leadership issues at the local and national levels. During her 21-year career, Kim pioneered the curriculum for Anchorage students with physical, mental and sensory disabilities. She has served on the National Council on Physical Education for Children executive committee, was recognized by the Anchorage School Board for building developmental assets and recently contributed to **Connecting in your Classroom** – a book that highlights the exceptional abilities of 18 teachers across the country. Kim is admired for her infinite energy and everlasting enthusiasm for a healthy and balanced life. Her "get fit" motto is stated clearly on her license plate. Her personality, spirit and commitment is empowering Alaska youth to grow up healthier and happier.



Kim Rampmeyer  
Anchorage School District,  
Physical Education Teacher

ConocoPhillips



[www.healthyfuturesak.org](http://www.healthyfuturesak.org)

Fitness Champions are individuals in Alaska who have made a significant contribution to keeping Alaska's children fit and active. To find out more about what Healthy Futures is doing to get kids moving visit [www.healthyfuturesak.org](http://www.healthyfuturesak.org)

Brought to you by the Alaska Association for Health, Physical Education, Recreation and Dance