



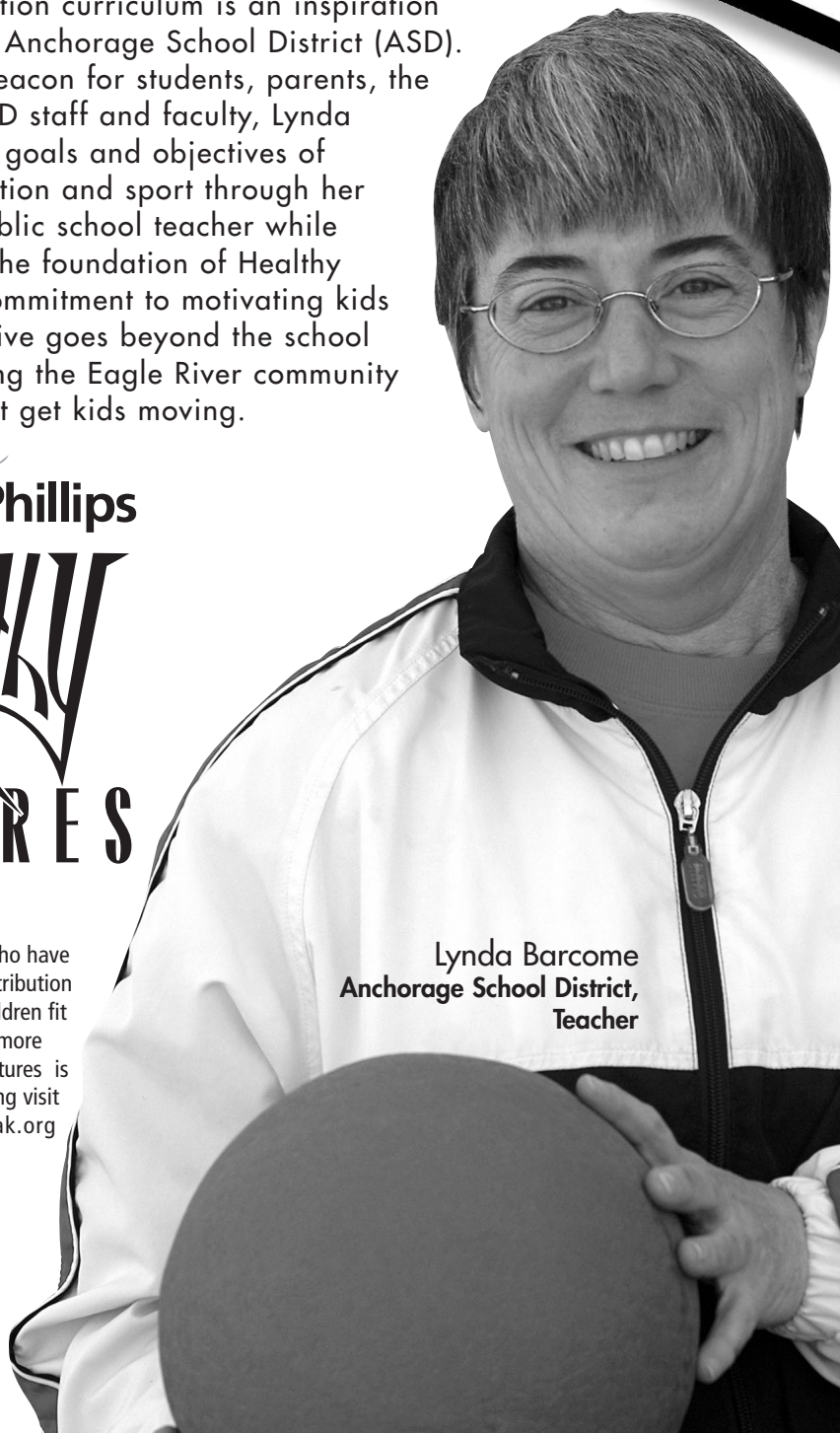
# Local Fitness Champion

Lynda Barcome is dedicated to helping Alpenglow Elementary School students become active for life. Her commitment to health and providing a meaningful physical education curriculum is an inspiration throughout the Anchorage School District (ASD). A spark and beacon for students, parents, the community, ASD staff and faculty, Lynda personifies the goals and objectives of physical education and sport through her career as a public school teacher while strengthening the foundation of Healthy Futures. Her commitment to motivating kids to be more active goes beyond the school day in providing the Eagle River community with events that get kids moving.

ConocoPhillips



Fitness Champions are individuals in Alaska who have made a significant contribution to keeping Alaska's children fit and active. To find out more about what Healthy Futures is doing to get kids moving visit [www.healthyfuturesak.org](http://www.healthyfuturesak.org)



Lynda Barcome  
Anchorage School District,  
Teacher

**Coyote Crawl all ages fund-raising hike-a-thon July 30, 2005. [www.ernc.org](http://www.ernc.org)**

Brought to you by the Alaska Association of Health, Physical Education, Recreation and Dance